



Policy for use of Club Facilities during Coronavirus (COVID-19) Crisis

As at 8 June 2020

a) Policy brief & purpose

This policy includes the measures we are actively taking to mitigate the spread of coronavirus. You are kindly requested to follow all these rules diligently, to sustain a healthy and safe location in this unique environment. It's important that we all respond responsibly and transparently to these health precautions.

This coronavirus (COVID-19) policy is susceptible to changes with the introduction of additional governmental guidelines. If so, we will update you as soon as possible.

b) Scope

This coronavirus policy applies to all individuals who use the Club Facilities (“ the Facilities”) . We strongly recommend you read through this policy, to ensure we collectively and uniformly respond to this challenge.

As a user of the Facilities you must take personal responsibility for your own actions and comply with these & all HSE/Government issued preventative measures

c) Policy elements

Here, we outline the required actions users of the Facilities should take to protect themselves and their fellow Facilities users from a potential coronavirus infection.

- You may not enter the Facilities if you display any common symptoms of Coronavirus.
 - Common symptoms of coronavirus include:
 - [a fever \(high temperature - 38 degrees Celsius or above\)](#)
 - [a cough](#) - this can be any kind of cough, not just dry
 - [shortness of breath](#) or breathing difficulties
 - [loss or change to your sense of smell or taste](#) – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

- You may not enter the Facilities if you are in self isolation
- You may not enter the Facilities if you have returned from travel outside the island of Ireland until after a period of 14 days from your return from the location outside Ireland.
- You must observe social distancing always and maintain a distance of 2 meters from any other individual when you are on the Facilities.
- Rubbish bins on the Facilities are not to be used. Bring home your rubbish.
- Toilet facilities will not be available unless in an Emergency
- Please return straight to your car. Do not hang around after your activity is completed. Return home as soon as possible.
- Please follow good hygiene practices which include below

DO	DONT
<p>Wash your hands properly and often. Hands should be washed:</p> <ul style="list-style-type: none"> - After coughing or sneezing - Before and after eating - Before and after preparing food - If you were in contact with someone who has a fever or respiratory symptoms (cough/shortness of breath) - Before and after using public transport - Before and after being in a crowd - When you arrive and leave buildings or anyone else's home - Before having a cigarette or vaping - If your hands are dirty - After toilet use <p>Cover your mouth when coughing or sneezing in line with HSE guidance</p> <p>Use tissues and bring your used tissues home with you</p>	<p>Do not touch your eyes, nose or mouth if your hands are not clean.</p> <ul style="list-style-type: none"> - Do not share objects that touch your mouth e.g. bottles / cups etc.