



## ***Policy for use of Club Facilities during Coronavirus (COVID-19) Crisis***

***As at 8 June 2020***

### ***a) Policy brief & purpose***

This policy includes the measures we are actively taking to mitigate the spread of coronavirus. You are kindly requested to follow all these rules diligently, to sustain a healthy and safe location in this unique environment. It's important that we all respond responsibly and transparently to these health precautions.

This coronavirus (COVID-19) policy is susceptible to changes with the introduction of additional governmental guidelines. If so, we will update you as soon as possible.

### ***b) Scope***

This coronavirus policy applies to all individuals who use the Club Facilities (“ the Facilities”) . We strongly recommend you read through this policy, to ensure we collectively and uniformly respond to this challenge.

As a user of the Facilities you must take personal responsibility for your own actions and comply with these & all HSE/Government issued preventative measures

### ***c) Policy elements***

Here, we outline the required actions users of the Facilities should take to protect themselves and their fellow Facilities users from a potential coronavirus infection.

- You may not enter the Facilities if you display any common symptoms of Coronavirus.
  - Common symptoms of coronavirus include:
  - [a fever \(high temperature - 38 degrees Celsius or above\)](#)
  - [a cough](#) - this can be any kind of cough, not just dry
  - [shortness of breath](#) or breathing difficulties
  - [loss or change to your sense of smell or taste](#) – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

- You may not enter the Facilities if you are in self isolation
- You may not enter the Facilities if you have returned from travel outside the island of Ireland until after a period of 14 days from your return from the location outside Ireland.
- You must observe social distancing always and maintain a distance of 2 meters from any other individual when you are on the Facilities.
- Rubbish bins on the Facilities are not to be used. Bring home your rubbish.
- Toilet facilities will not be available unless in an Emergency
- Please return straight to your car. Do not hang around after your activity is completed. Return home as soon as possible.
- Please follow good hygiene practices which include below

DO	DONT
<p>Wash your hands properly and often. Hands should be washed:</p> <ul style="list-style-type: none"> <li>- After coughing or sneezing</li> <li>- Before and after eating</li> <li>- Before and after preparing food</li> <li>- If you were in contact with someone who has a fever or respiratory symptoms (cough/shortness of breath)</li> <li>- Before and after using public transport</li> <li>- Before and after being in a crowd</li> <li>- When you arrive and leave buildings or anyone else's home</li> <li>- Before having a cigarette or vaping</li> <li>- If your hands are dirty</li> <li>- After toilet use</li> </ul> <p>Cover your mouth when coughing or sneezing in line with HSE guidance</p> <p>Use tissues and bring your used tissues home with you</p>	<p>Do not touch your eyes, nose or mouth if your hands are not clean.</p> <ul style="list-style-type: none"> <li>- Do not share objects that touch your mouth e.g. bottles / cups etc.</li> </ul>